## Spring/Summer Nursery Menu - Week 1

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Selection of cereals or toast (G, M) | Selection of cereals or toast (G, M) | Selection of cereals or toast (G, M) | Selection of cereals or toast (G, M) | Selection of cereals or toast (G, M) |
| Midmorning snack | Selection of fruit | Breadsticks and cream cheese with cucumber (M, S, SO, G) | Selection of fruit | Apple and Raisins | Crackers and houmous (S, G, M) |
| Lunch | Spaghetti Bolognese and salad | Caribbean Chicken and rice | Gammon, new potatoes and peas (G, SU, F) | Chicken casserole, mash potato and Carrots (E, M, G, SU) | Sausage and broccoli carbonara (M, E, SO, G) |
| Alternative | Spaghetti Bolognese and salad Koko yoghurt | Quorn chicken and rice Fruit pot | Quorn meat, new potatoes and peas Strawberry jelly | Chicken, mash potato and broccoli Dairy free custard | Sausage and broccoli carbonara Ice cream |
| Pudding | Greek yoghurt and frozen berries (M) | Strawberry Angel delight (G, M, SO) | Strawberry Jelly (G, M) | Fromage Frais (M) | Ice cream (M, E, G) |
| Mid- <br> Afternoon Snack | Melon | Selection of fruit | Crackers with ham (S, G, M) | Tea cakes (SO, G, E, M) <br> Dairy free oat biscuit | Selection of fruit |
| Tea | Fish fingers and baked beans (F, G) | Turkey or egg sandwiches with carrot sticks (E, G, M) | Pitta bread cheese and tomato pizza with pepper sticks (G, M) | Tuna, red pepper, tomato, and pasta with mayonnaise (F, E, G) | Spaghetti on toast (E, M, G) |
| Alternative | Spaghetti on toast <br> (G) | Turkey sandwiches (G) | Pitta bread cheese and tomato pizza with pepper sticks (G, M) | Tomato and pepper pasta | Spaghetti on toast <br> (G) |
| Allergens <br> Please see initials under each meal |  |  |  |  |  |

## Spring/Summer Nursery Menu - Week 2

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Selection of cereals and toast (G, M) | Selection of cereals, fruit, or toast (G, M) | Selection of cereals, fruit, or toast (G, M) | Selection of cereals, fruit, or toast (G, M) | Selection of cereals, fruit, or toast (G, M) |
| Midmorning snack | Selection of fruit | Crackers and hummus $(\mathrm{S}, \mathrm{G})$ | Selection of fruit | Hot cross bun (S, G) | Selection of fruit |
| Lunch | Meatballs and spaghetti and salad <br> (G) | Chicken curry and rice and naan bread | Sausage, mash potato and peas (G) | Chilli bean pasta bake (G, CE) | Fish fingers, mash potatoes and baked beans $(F, G)$ |
| Alternative | Quorn meatballs and spaghetti (with gravy) | Chicken curry rice and dairy free naan bread <br> Koko yoghurt | Sausage, mash potato and peas | Chilli bean pasta bake | Fish fingers, mash potatoes and baked beans <br> Jam tart |
| Pudding | Melon | Fromage frais (M, G) | Orange jelly <br> (M) | Ice cream | Iced vanilla cake <br> (M) |
| Mid- <br> Afternoon <br> Snack | Breadsticks with carrot sticks and raita (M, G, S, SO) | Selection of fruit <br> (M) | Apple slices and cheese cubes <br> (S) | Selection of fruit (G) | Fruit loaf (E, G, M,) |
| Tea | Crumpet pizzas with ham and cheese (G, SO, M) | Tuna and sweetcorn and mayonnaise pasta $(F, M, G)$ | Ham and salad wraps <br> (G) | Sausage rolls and spaghetti hoops (G, S) | Turkey sandwiches and cucumber (M, G) |
| Alternative | Dairy free cheese crumpets | Cheese and ham pasta | Cheese and salad wraps <br> (G) | Sausage rolls and spaghetti hoops | Ham sandwiches and cucumber |
| Allergens <br> Please see initials under each meal |  |  |  | P <br> SH |  |

